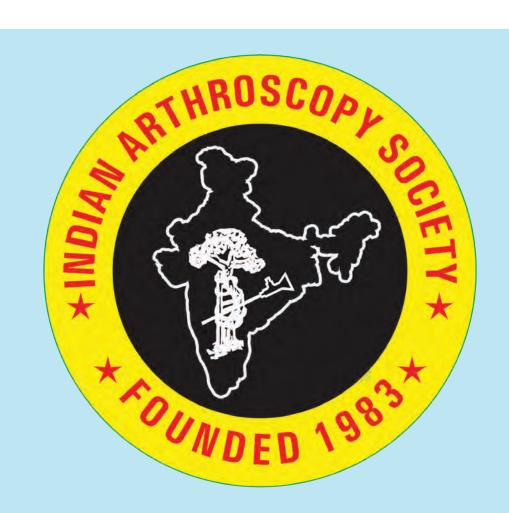


ICS MEET - 2023

14 May, 2023



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08:00-08:30	Registration and Breakfast	
Session 1	Basics of Cartilage Repair	
08:30-08:35	Welcome and Introduction	Rahul Shivadey
08:35-08:45	Classification of Focal Chondral Lesions- ICRS and Outerbridge	Khalid Al-Khelaifi
08:45-09:00	Understanding Chondral Lesions based on Etiology	Saeed Althani
09:00-09:15	Understanding Chondral Lesions based on Size	Navladi Shankar
09:15-09:30	Choosing an Ideal Case of the Cartilage Repair	Deepak Goyal
09:30-09:45	Quiz # 1 (Ten Questions followed by Discussion)	Rahul Shivadey
Session 2	Management of Small to Mid Size Chondral Lesions (Dr Saurabh Mathur Session	n)
09:45-10:00	Microfracture Surgical Technique- Step by Step Video	Rahul Shivadey
10:00-10:10	Microfracture: Current Status	Bashir Zikria
10:10-10:25	Osteochondral Cylinder Transfer Technique- Step by Step Video	Sohrab Keyhani
10:25-10:35	Case Discussion	Sohrab Keyhani
10:35-10:45	Case Discussion	Saeed Althani
10:40-10:55	Case Discussion Case Discussion	Bartłomiej Kacprza
10:55-11:00	ICS Ceremonies	Team ICS
10.55-11.00	ics ceremonies	Teamics
11:00-11:10	Inauguration Ceremonies	Team ICS & Chief Gue
11:10-11:30	Tea Break	
Session 3	Management of Large Size Chondral Lesions	
11:30-11:45	The Dilemma of Large Chondral Lesions and Role of SC bone	Morat Bozkurt
11:45-12:00	The ACI and the Overlay ACI Technique in the Management of Large Chondral Lesions	Deepak Goyal
12:00-12:10	Case Presentation and Discussion	Bashir Zikria
Session 4	Joint Preservation	
12:10-12:20	Effect of Malalignment on Osteoarthritis	William Murrell
12:20-12:30	Early Osteoarthritis- Beginning of an Organ (Knee) Failure	Mohammad Razi
12:30-12:50	Joint Preservation in Secondary Osteonecrosis of the Knee	Deepak Goyal
12:50-13:00	Discussion	DCCPak Goyai
13:00-14:00	Lunch Break	
Session 5	Orthobiologics in Osteoarthritis	
14:00-14:10	Culture expanded Adipose derived stem cells in OA knee	Ashok Kumar
14:10-14:20	Regulatory aspects of regenerative medicine in UAE and India	Aasawari Bapat
14:20-14:30	Autologous conditioned serum- recent advances	Sharmila Tulpule
14:30-14:40 14:40-15:00	Orthobiologics in elbow and shoulder disorders Discussion	William Murrell
Session 6	Meniscus Repair	
15:00-15:10	Fundamentals of Meniscus Anatomy in Relation to Repair	Bashir Zikria
15:10-15:25	Step by Step Video- All Inside Techniques for Meniscus Repair	Sohrab Keyhani
15:25-15:40	Step by Step Video- Outside In Techniques for Meniscus Repair	Morat Bozkurt
15:40-15:50	Role of Posterior Arthroscopy in Bucket Handle Tear and Ramp Repair	Sohrab Keyhani
15:50-16:00	Step by Step Video- Root Repair	Mohammad Razi
16:00-16:15	Discussion	All panelist
16:15-16:30	Tea Break	
Session 7	Cartilage Repair in Patella	
16:30-16:45	Role of Patellofemoral Biomechanics in Patellar Chondral Defects	Khalid Al-Khelaifi
16 45 47 00	Management of Traumatic Chondral and Osteochondral Injuries of Patella	Deepak Goyal
16:45-17:00		
16:45-17:00 17:00-17:15	Case Discussion of CMP Patella	Naviadi Shankar
	Case Discussion of CMP Patella Discussion	Navladi Shankar All panelist



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Pre Conference Workshop

15:00-15:10	Welcome and Introduction	Rahul Shivadey
15:10-15:25	Understanding Meniscus Anatomy in Relation to Repair	Deepak Goyal
15:25-15:40	Orientation to Various Meniscus Repair Instruments and Implants	Morat Bozkurt
15:40-15:55	Microfracture Technique- Case Selection and Execution	Rahul Shivadey
15:55-16:10	Osteochondral Cylinder Transfer Techniques- Case Selection and Execution	Sohrab Keyhani
16:10-16:40	Case Discussions	Deepak Goyal
16:40-17:00	Tea Break	
17:00-17:30	Hands on Meniscus Repair Technique on Saw Bone Models	
17:00-17:30 17:30-18:00		In-Charge Rahul Shivadey
	Hands on Microfracture Repair Technique on Saw Bone Models	In-Charge Rahul Shivadey